

SHAWNEE COUNTY

**ABUSE/NEGLECT/
EXPLOITATION/FRAUD**
Adult Care Home Complaint
Program
Kansas Department on Aging
800-842-0078

Adult Protective Services - SRS
Topeka, 800-922-5330
www.srs.ks.gov

Better Business Bureau of
NE KS, Inc.
Topeka, 785-232-0454 or
800-856-2417
www.kansasplains.bbb.org

Center for Safety &
Empowerment
Topeka, 785-354-7927 or
888-822-2983
24-hour crisis assistance:
785-234-3300

Consumer Protection
Topeka, 785-296-3751
www.ksag.org

Kansas Advocates for
Better Care
Lawrence, 785-842-3088
www.kabc.org

Kansas Attorney General
Topeka, 785-296-2215 or
800-432-2310

Kansas Domestic Violence
and Sexual Assault Hotline
888-363-2287

Kansas Foundation for Medical
Care, Inc.
Topeka, 785-273-2552 or
800-432-0407
www.kfmc.org

Kansas Long Term Care
Ombudsman
*(Complaints by or on behalf of
an individual living in a nursing
facility)*
Topeka, 785-296-3017 or
877-662-8362

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300

ADDICTIONS
(See Mental Health)

ADULT DAY PROGRAMS
Autumn Adult Day Care
Topeka 785-232-0730

Brewster Place Retirement
Community
Topeka, 785-267-1666
www.brewsterplace.org

Clare Bridge Brookdale
Senior Living
(For Alzheimer's/Dementia)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

Eventide Nursing Home
Topeka, 785-233-8918

Golden Days Get-A-Way
*(\$25 per day, recreation only,
gardening, crafts, lunch and
snacks)*
Topeka, 785-383-3432

Midland Care
Adult Day Services
Topeka, 785-232-2044 or
800-491-3691
www.midlandcareconnection.org

Rossville Valley Manor
Rossville, 785-584-6104

Westwood Manor
Topeka, 785-273-0886

**AGING, ADVOCACY &
SUPPORT SERVICES**
ADA (Americans with
Disabilities Act) 800-514-0301
www.ada.gov

Brewster At Home
Topeka, 785-274-3303
www.brewsterplace.org

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
Fax 785-233-7234
www.catholiccharitiesks.org

Community Resources Council
Topeka, 785-233-1365
Fax 785-233-1905
www.crcnet.org

Disability Rights
Center of Kansas
Topeka, 785-273-9661
Fax 785-273-9414
www.drckansas.org

East Topeka Senior Center
Topeka, 785-232-7765
Fax 785-232-7785

El Centro of Topeka
Topeka, 785-232-8207
Fax 785-232-7785

ElderCare Locator
800-677-1116
www.eldercare.gov

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

SHAWNEE COUNTY

Kansas Advocates for
Better Care
Lawrence, 785-842-3088
Fax 785-749-0029
www.kabc.org

Kansas Department on Aging
Topeka, 785-296-4986 or
800-432-3535
www.agingkansas.org

Kansas Foundation for Medical
Care, Inc. Topeka
785-273-2552 or 800-432-0407

Kansas Health Consumer
Coalition
Topeka, 785-232-9997
Fax 785.232.9998
www.kshealthconsumer.com

Kansas Legal Services
Jayhawk Support Services
for Elders
Topeka, 785-354-8531 or
800-723-6953
www.kansaslegalservices.org

Kansas Long Term Care
Ombudsman
*(Institutional concerns or
questions about residents rights,
transfer and discharge rights or
other care issues)*
Topeka, 785-296-3017 or
877-662-8362

Kansas State Board of
Mortuary Arts *(Pre-planning
funeral arrangements)*
Topeka, 785-296-3980
Fax 785-296-0891
www.kansas.gov/ksbma

National Committee to Preserve
Social Security and Medicare
800-966-1935
www.ncpssm.org

Senior Resource Alliance of
NE Kansas
Topeka, 785-266-6017

Shawnee County Health Agency
Topeka, 785-291-2490
Fax 785-291-2498
www.snco.us/HA

Shawnee County Medical
Society, Inc., Health Access
785-235-0996
Fax 785-235-5114
www.scmsha.org

Stormont-Vail
Health Connections
Topeka, 785-354-5225

TARC (HCBS MR/DD)
Topeka, 785-232-0597 Ext. 311
Fax 785-235-8041
www.tarcinc.org

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Topeka/Shawnee County
Public Library
Topeka, 785-580-4530 or
800-432-2925
www.tscpl.org

ALZHEIMER'S/DEMENTIA SUPPORT AND INFORMATION

*(See also Mental Health or
Community Health)*

ADEAR (Alzheimer's Disease
Education and Referral Center)
800-438-4380
Fax 301-589-3014
www.alzheimers.org

Alzheimer's Association Safe
Return Program
785-271-1844

Clare Bridge Brookdale
Senior Living
(For Alzheimer's and Dementia)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

Alzheimer's Association
Heart of America Chapter
Topeka, 785-271-1844 or
800-272-3900 *(24 hour
information and support line)*
www.alz.org/kansascity

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Midland Adult Day Care
Support Group -Early Stage
Alzheimer's Disease
785-232-2044
www.midlandhospice.org

APARTMENT COMPLEXES INDEPENDENT LIVING RETIREMENT COMMUNITIES

(* = Subsidized)

Aldersgate Village
Topeka, 785-478-9440
Fax 785-478-0931
www.umhomes.org

Atria Hearthstone
Retirement Community
Topeka, 785-234-6225
www.atriaseniorliving.com

SHAWNEE COUNTY

Brewster Place
Retirement Apartments
Topeka, 785-267-1666
Fax 785-267-9355
www.brewsterplace.org

(*) Capitol Village
Topeka, 785-233-8165

(*) Century Plaza
Topeka, 785-267-0960

Cottages of Topeka
Topeka, 785-232-4300

Drury Place Retirement Apts.
Topeka, 785-273-6847
Fax-785-272-9005

(*) First Apartments
Topeka, 785-272-6700
Fax 785-272-9286

(*) Heritage Court Apartments
Silver Lake, 785-582-5270

(*) Jackson Towers
Topeka, 785-357-8842

(*) Jefferson Villas
Topeka, 785-357-6227
Fax 785-357-7214

(*) Knightsbridge Manor
Topeka, 785-233-0870
Fax 785-233-0311

(*) La Colonia
Topeka, 785-354-4225

(*) Landmark Plaza
Topeka, 785-233-5769
Fax 785-233-0191

Lexington Park
Independent Living
Topeka, 785-273-4545
Fax 785-272-3071

(*) Luther Place I Apartments
Topeka, 785-273-2944

(*) Luther Place II Apartments
Topeka, 785-273-2944
Fax 785-273-4065

Martin Creek Place
Topeka, 785-273-2944
Fax 785-273-4065

McCrite Plaza
Retirement Community
Topeka, 785-267-2960
www.mccriteplaza.com

(*) Mission Towers
Topeka, 785-266-5656

(*) Pearl Place Apartments
Rossville, 785-584-6868

(*) Pioneer Curtis Homes
Topeka, 785-232-8715

(*) Polk Plaza
Topeka, 785-357-0307

(*) Plaza West
Topeka, 785-272-5660

(*) Rose Hill Place
Topeka, 785-228-3666
Fax 785-228-9130

(*) Rossville Apartments
Rossville, 785-584-9900

(*) Santa Fe Place
Senior Apartments
Topeka, 785 234-3386
Fax 785-235-8261

(*) Shorey Villas
Topeka, 785-233-6269
Fax 785-233-1116

(*) Southbrook Apartments &
Townhomes
Topeka, 785-273-6116

T-Town Homes, L.P.
Topeka, 785-234-1614

Thornton Place
Topeka, 785-228-0555

(*) Tyler Towers
Topeka, 785-357-8842

(*) Tennessee Town
Topeka, 785-357-8842

(*) Villa West
Topeka, 785-273-5253

(*) Valley Springs
Senior Housing
Auburn, 785-256-7100

(*) Wesparke Village Apts.
Topeka, 785-273-7000

ASSISTED LIVING
(*) = *Accepts Medicaid*

(*) Aldersgate Village
Topeka, 785-478-9440
www.umhomes.org

Atria Hearthstone
Assisted Living
Topeka, 785-234-6806
Fax 785-235-5709
www.atriaseniorliving.com

(*) Brewster Place
Assisted Living
Topeka, 785-267-1666
Fax 785-267-9355
www.brewsterplace.org

(*) Briarcliff Care Center, Inc.
Topeka, 785-272-2601

SHAWNEE COUNTY

Clare Bridge Brookdale
Senior Living
(*For Alzheimer's and Dementia*)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

(*) Countryside Health Center
Topeka, 785-234-6147
Fax 785-232-8781
www.midwest-health.com

(*) Fairlawn Heights
Topeka, 785-272-6880
Fax 785-272-6948

(*) Kelly House I
Topeka, 785-234-8888
Fax 785-234-0885

(*) Kelly House II
Topeka, 785-273-3773
Fax 785-271-6638

Legend at Capital Ridge
Assisted Living and Memory
Care Topeka, 785-272-9400
www.legendseiorliving.com

Lexington Park Assisted Living
Topeka, 785-233-7511
Fax 785-440-0498
www.lexingtonparkcommunity.com

Meriden Adult Service Plus
Meriden, 785-484-2380

McCrite Plaza Health Center
Topeka, 785-267-2960
www.mccriteplaza.com

(*) Rolling Hills Health Center
& Assisted Living Apartments
Topeka, 785-273-2202
Fax 785-271-2496
www.rollinghills_retirement.com

Homestead Assisted Living
Topeka, 785-272-2200

(*) Topeka Presbyterian Manor
Topeka, 785-272-6510
Fax 785-272-5728
www.presbyterianmanors.org

(*) Homestead of Auburn
Auburn, 785-256-7100
Fax 785-256-7902

ASSISTIVE TECHNOLOGY (*Includes medical equipment & adaptive equipment*)

American Care Equipment
Overland Park, 913-383-3456
Fax 913-383-3797

Apria Health Care
Topeka, 785-272-7191 or
800-362-7777
Fax 785-272-0358
www.apria.com

Assistive Technology of Kansas
Lawrence, 785-241-1067 or
800-526-3648
Fax 785-841-1094
www.atk.ku.edu

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898
www.reader.ku.edu

Banner Mobility
Resources, Inc.
Topeka, 785-235-3070

Clock Medical Supply
Winfield, 620-221-0550 or
800-362-1314
www.clockmedical.com

Community Action
Topeka, 785-235-9296

Criticare Home Health
Services, Inc.
Lawrence, 785-749-4878 or
800-527-9596
www.criticarehhs.com

Disability Rights Center of KS
(DRC) Topeka, 877-776-1541
or TDD 877-335-3725
www.drckansas.org

Great Plains Regional Deaf-
Blind Listserv GPDBList -
subscribe@yahoogroups.com

Hair Secrets Carrying PRN
Fashion Products
Topeka, 785-272-3600
Special Orders: 785-246-3272
Fax 785-272-3600

Hanger Orthopedic Group, Inc.
Orthotics & Prosthetics
(*Accepts Medicare & Medicaid*)
Topeka, 785-232-5382
www.hanger.com

Helen Keller National Center
(HKNC)
Shawnee Mission
913-677-4562 (voice/TTY)
www.HKNC.org

Home Elevator Company
Wichita, 316-721-2225 or
800-798-3150
http://homeelevatorsks.com

KS Commission for the Deaf
and Hard of Hearing
Topeka, 785-368-8034 or
800-432-0698 (voice/TTY)
785-368-8046 (TTY)
www.srs.ks.gov/KCDHH

Kansas Equipment Exchange
866-666-1470
www.equipmentexchange.ku.edu

SHAWNEE COUNTY

Kan-SAIL
(services for the blind)
Topeka, 866-213-9079

Independence, Inc.
Lawrence, 785-841-0333 or
888-824-7277
TDD: 785-841-1046
Fax 785-841-1094
888-824-7277
www.independenceinc.org

Kansas Chapter of the Arthritis
Foundation
Topeka, 785-272-8461
www.arthritis.org/chapters/kansas

KATCO
Kansas Assistive Technology
Cooperative
(Reduced interest financing and
flexible term financing)
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

Kansas Telecommunications
Access Program TAP
Topeka, 785-234-0200
TTY: 785-234-0207
www.kansastap.org

Knoll Patient Supply
Topeka, 785-232-5972 or
800-234-0514

Lohmann & Rauscher
Topeka, 785-862-1100

Medventures International
Topeka, 785-862-1806

Munns Medical Discount Outlet
Topeka, 785-228-0187

OCCK, Inc.
(Equipment loan system)
Salina, 785-827-9383
www.atk.ku.edu

PDS Medical
Lawrence, 785-856-0909 or
866-949-2166
Fax 877-800-5583

Starr Medical Supply Inc.
Wamego, 785-456-7827
www.starrmedical.com

Talking Books
c/o Topeka/Shawnee County
Public Library
Topeka, 785-580-4530
www.tscpl.org

Library Outreach Services
Topeka, 785-580-4545
www.tscpl.org

Resource Center for
Independent Living
Osage City, 785-528-3105 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Topeka Independent Living
Resource Center, Inc.
Topeka, 785-233-4572 or
800-443-2207
Fax 785-233-1561
www.tilrc.org

ATTENDANT CARE
Absolute Home Health Care
Holton, 785-362-6101

Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocate Home Specialty Care
Wamego, 785-456-8910

Assisted Services
Topeka, 785-273-4730 or
800-784-4744
For staffing: 785-291-2900

Caregivers Home Care
Topeka, 785-273-2829

Cascade Health Services
Topeka, 785-228-9922
Fax 785-228-9974
Homecare office 816-268-1934
www.cascadestaff.com

Comfort Keepers
Topeka, 785-267-8200 or
866-267-3578
Fax 785-267-8199

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

Guardian Angels - (Referral
services for private nursing)
Topeka, 785-224-0488 or
785-233-4739

A Helping Hand Home Health
Lawrence, 785-856-0192

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com

Jayhawk Area Agency on Aging
(For more information)
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Mason's Memory, LLC
Ottawa, 785-242-8882 or
866-744-8882
www.masonsmemory.com

SHAWNEE COUNTY

Meriden Adult Service Plus
Meriden, 785-484-2380

PRN Home Health and Hospice
Wamego, 800-222-6344
Fax 785-456-7194
www.prnhomehealthhospice.com

Professional Comfort Care
Lawrence, 785-832-8260

Resource Center for
Independent Living
Osage City, 785-528-3105 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Shawnee County Health Agency
Topeka, 785-291-2490
Fax 785-291-2498
www.co.shawnee.ks.us

Topeka Independent Living
Resource Center, Inc.
Topeka, 785-233-4572 or
800-443-2207
Fax 785-233-1561
www.tilrc.org

Windsor Place At-Home Care
Lawrence, 785-843-4800

BATHING ASSISTANCE
(See Attendant Care)

BLIND SERVICES
(See Vision Assistance)

BOARD AND CARE HOMES
(*) = Accepts Medicaid

(*) C&R Boarding Home
Topeka, 785-246-1426

McGlory's Care Home
Topeka, 785-234-4821

Moore Adult Care Home
Topeka, 785-286-2859

Rose Villa Residential
Care Facility
Topeka, 785-232-0671

Stewart's Boarding Home
Topeka, 785-357-0271

TLC Adult Boarding Home
Topeka, 785-232-2575

Topeka Adult Care Center
Topeka, 785-233-7397

CANCER

American Cancer Society
Topeka, 800-359-1025
www.cancer.org

American Cancer Society Guest
Room Program (*Provides free
or discounted overnight
accommodations to cancer
patients who have traveled at
least 50 miles from their homes
to receive treatment*)
785-273-4422

American Cancer Society
Loan Closet
*Various items that are available
to cancer patients free of charge
(wigs, turbans and hats, breast
prostheses and bras)*
785-273-4422

St. Francis Breast Cancer
Support Group
785-295-7800

St. Francis Leukemia & Lym-
phoma Support Group
785-295-8263

St. Francis Ostomy Group
785-295-7800

St. Francis Prostate Cancer
Support Group
785-295-8038

CAREGIVER RESOURCES

Alzheimer's Association
Heart of America Chapter
Topeka, 785-271-1844
or 800-272-3900 (*24 hour
information and assistance*)

Family Caregiver Alliance
San Francisco, CA
415-434-3388 or 800-445-8106
www.caregiver.org

Grandparent Caregiver
Support Group
Topeka, 785-286-2329

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Eldercare Locator
800-677-1116
www.eldercare.gov

National Family Caregivers
Association
800-896-3650
www.thefamilycaregiver.org

National Hospice Palliative
Care Organization
Alexandria, VA
800-658-8898 or 800-406-8345
www.nhpc.org

Shawnee County Health Agency
Topeka, 785-291-2490
Fax 785-291-2498

SHAWNEE COUNTY

CASE MANAGEMENT

Jayhawk Area Agency on Aging, Inc., Topeka
785-235-1367 or 800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Mason's Memory, LLC
Ottawa, 785-242-8882 or
866-744-8882
www.masonsmemory.com

Resource Center for Independent Living
Osage City, 785-528-3105 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Shawnee County Health Agency Project Access
Topeka, 785-291-2490
Fax 785-291-2498
www.co.shawnee.ks.us

TARC (HCBS MR/DD)
Topeka, 785-232-0597 Ext. 311
Fax 785-235-8041
www.tarcinc.org

CHORE SERVICES

Assisted Services
Topeka, 785-273-4730 or
800-784-4744
For staffing: 785-291-2900

Community Action
Topeka, 785-235-9296
(one time chore)

A Helping Hand Home Health
Lawrence, 785-856-0192

Topeka Tool Library
Topeka, 785-233-6620

Volunteer Center of Topeka
Topeka, 785-273-4804

CLOTHING BANKS

(See Emergency Services)

COMMODITIES

Harvester's Community Food Network, Kansas City, Mo.
816-929-3220
www.harvesters.org

COMMUNITY HEALTH ORGANIZATIONS & SUPPORT GROUPS

American Cancer Society
Topeka, 785-273-4422

American Heart Association Heartland Affiliate, Inc
Topeka, 785-272-7056
www.americanheart.org

American Lung Association of Kansas
Topeka, 785-272-9290 or
800-LUNGUSA
www.kslung.org

Antioch Family Life Center
Topeka, 785-232-1937

Arthritis Foundation (Kansas Chapter)
800-362-1108
www.arthritis.org

Battered Women Task Force Support Groups & Counseling
Topeka, 785-354-7927 or
888-822-2983

Centers for Disease Control and Prevention, Atlanta, GA
800-232-4636
TTY 888-232-6348 24
www.cdc.gov

Diabetes Learning Center
Topeka, 785-354-9591

Community Blood Center
Topeka, 785-233-0195
www.savealifenow.org

Compassionate Friends, Inc (Grief and loss support group for parents who have lost children only), 785-272-4895

East Topeka Senior Center (Toenail trim clinics - donation 2nd Tuesday of every month)
Topeka, 785-232-7765 or
785-291-2490
Fax 785-232-7785

First Apartments – (Toenail Trim Clinics 3rd Thurs of every month – donation)
Topeka, 785-272-6700
Fax 785-272-9286

Foot Care Information Center
800-366-8227
www.apma.org

Health Wise 55
Stormont-Vail Hospital
Topeka, 785-354-6787

Hillcrest Clinic
Topeka, 785-354-4011

Identity Theft Hotline
877-438-4338

Kansas Foundation for Medical Care, Inc. (Quality care advocates for Medicare beneficiaries only)
Topeka, 785-273-2552 or
800-432-0407
www.kfmc.org

Kansas Rehabilitation Hospital Home Referral Program
Phone interview: 785-232-8524
Fax 785-232-8556

SHAWNEE COUNTY

Leukemia - Lymphoma Society
316-266-4050
www.lls.org

LULAC – *(toenail trim clinics
1st Friday/month – donation)*
Topeka, 785-234-5809
Fax 785-233-1828

Lyndon Clinic
*(homebound toe nail trimming,
diabetes foot care, shoes)*
Topeka, 785-478-9625
Fax 785-271-4392

Marian Clinic
Topeka, 785-233-8081
Fax 785-233-8952
www.marianclinic.org

Martin de Porres Dental Clinic
Topeka, 785-233-2800
www.marianclinic.org

Meadowlark New Voice Club
c/o Topeka Ear, Nose and
Throat
785-233-0500

Midland Hospice Care, Inc.
Caregiving and Alzheimer's
Support Groups
Topeka, 785-232-2044
www.midlandhospice.org

Mission Towers –
*(toenail trim clinics 3rd Tuesday
of every month – donation)*
Topeka, 785-266-5656

National Alliance for
Hispanic Health
Washington, D.C.
202-387-5000
www.hispanichealth.org

National DO NOT CALL
Registry, 888-382-1222
www.donotcall.gov

National Multiple Sclerosis
Society Branch
Topeka, 785-272-5292 or
800-344-4867
www.nationalmssociety.org

NE Kansas Parkinson
Association Topeka,
785-478-9045

Office of Civil Rights
800-368-1019
www.dhhs.gov/ocr

Oncology Support Group
785-295-7800

Osteoporosis Helpline
800-624-2663
TTY: 202-466-4315
www.niams.nih.gov

Ostomy Support Group
785-273-4422

Papan's Landing – *(toenail trim
clinics 1st Thursday of every
month – donation)*
Topeka, 785-232-1968 or
785-291-2490
Fax 785-232-1102

Parkinson's Foundation
800-327-4545

Rossville Senior Center
*(Toenail trim clinic 4th Tuesday
of every month – donation)*
Rossville, 785-584-6364

STEPS/Downtown YMCA
Topeka, 785-354-8591 ext.123

St. Francis Sleep
Disorders Center
785-295-7900

Shawnee County Health Agency
Topeka, 785-291-2490
Fax 785-291-2498
*(Call for schedule of foot clinics
and other health screenings and
stroke groups)*

Shawnee Regional Prevention
& Recovery Services
Topeka, 785-266-8666
www.parstopeka.com

Valeo Behavioral Healthcare
Topeka, 785-234-3300

Alzheimer's Association
Heart of America Chapter
Topeka, 785-271-1844
or 800-272-3900 *(24 hour
information and assistance)*

Tyler Towers – *(toenail trim
clinic 2nd Thursday, every
other month – donation)*
Topeka, 785-357-8842

Women's Recovery Center
Topeka, 785-233-5885

YMCA
3635 SW Chelsea Dr.
Topeka, 785-271-7979
(Senior health & fitness)

YMCA
1936 NW Tyler St.
Topeka, 785-233-9815
(Senior health and fitness)

YMCA
421 Van Buren St.
Topeka, 785-354-8591
(Senior health and fitness)

SHAWNEE COUNTY

YWCA
225 SW 12th St.
Topeka, 785-233-1750
(*Senior Health & Fitness*)

CONSUMER RESOURCES CIVIC/SERVICE ORGANIZATIONS

Kansas AARP Office
Topeka, 866-448-3619
Fax 785-232-8259
(*Driving assessment*)

City Offices:

Auburn, 785-256-2426
Rossville, 785-584-6155
Silver Lake, 785-582-4280
Topeka, 785-368-3754
www.topeka.org

Driver's License Exam Station
(*Open Tuesday – Friday*)
Topeka, 785-266-7380,
(*See also AARP*)

Greater Topeka Chamber of
Commerce
Topeka, 785-234-2644
www.topekachamber.org

Kansas Attorney General
(*victims services*), Topeka
785-296-2215 or 800-432-2310
Fax 785-296-6296
www.ksag.org

KDHE Dept. of Vital Statistics
(*Birth, death, marriage records*)
785-296-1400
www.kdheks.gov/vital/

League of Women
Voters of Kansas
Topeka, 785-234-5152

Let's Help
Topeka, 785-234-6208
www.letshelpinc.org

Medicare Abuse/Fraud
TTY/TDD 800-633-4227

National No - Call List
888-382-1222
TTY/TDD: 800-290-4236

Safe Streets/Safe Solutions
Community Dispute
Resolution Service
Topeka, 785-266-4606
Fax 785-266-3833

Telephone Preference Service
c/o Direct Marketing Assn.
(*No call list*), Farmingdale, NY
212-768-7277
www.dmachoice.org

Topeka Rescue Mission
Topeka, 785-354-1744

United Way of Greater Topeka
Topeka, 785-273-4804

Voter Registration
Shawnee Co. Election Office
Topeka, 785-266-0285

CONSUMER PROTECTION SERVICES

American Disabilities Act
800-514-0301

Better Business Bureau
of NE Kansas
Topeka, 785-232-0454
www.bbb.org

Consumer Information Center
(General Services Adm.)
www.pueblo.gsa.gov/

Consumer Protection
Judicial Center
www.ftc.gov/ftc/consumer.htm

Housing and Consumer
Credit Counseling
Topeka, 785-234-0217
www.hcci-ks.org

Kansas Attorney General
Topeka, 785-296-2215 or
800-432-2310
www.accesskansas.org

Kansas No-Call List
888-382-1222

Medicare (abuse/fraud)
TTY/TDD: 800-638-4227

MAILING LISTS

(*Call either of the next two list-
ings to request your name be
removed from all mailing lists.*)

Mail Preference Service -
Direct Marketing Association
Farmingdale, NY
212-768-7277
www.dmaconsumers.org

Donnelly Marketing -
Data Base Operations
Ames, IA
888-633-4402

CONTINUING CARE RETIREMENT COMMUNITY

Aldersgate Village
Topeka, 785-478-9440
www.umhomes.org

Brewster Place
Retirement Center
Topeka, 785-267-1666
www.brewsterplace.org

Lexington Park
Topeka, 785-440-0400 or
785-440-0399

SHAWNEE COUNTY

McCrite Plaza
Retirement Center
Topeka, 785-267-2960

Presbyterian Manor
Retirement Center
Topeka, 785-272-6510
www.pmma.org

DEAF & HARD OF HEARING RESOURCES

Audient (*Hearing aid help for low income people nationwide*)
866-956-5400
<http://audientalliance.org/>

Heartspring Hearing Center
Wichita, 800-835-1043

Hearing Aid Help-line
800-521-5247

Starkey Hearing Foundation
Hear Now Program
Eden Prairie, MN
800-328-8602
Application request:
800-648-4327
Fax 952-947-4997
www.sotheworldmayhear.org

KATCO - Kansas Assistive
Technology Cooperative
(*Reduced interest financing and flexible term financing*)
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

KS Commission for the Deaf
and Hard of Hearing (KCDHH)
Topeka, 785-368-8034 or
800-432-0698 (voice/TTY)
www.srs.ks.gov/KCDHH

Kansas Relay Service, Inc
Lawrence, TTY: 800-766-3777

Kansas State University
Speech and Hearing Center
Manhattan, 785-532-6879
(*Assistance in purchase of hearing aids*)
www.ksu.edu

Kansas Telecommunications
Access Program (T.A.P.)
Topeka, 785-234-0200
TTY: 785-234-0207

University of Kansas Speech
Language and Hearing Clinic
Lawrence, 785-864-4690
TTY 785-864-5094

DENTAL ASSISTANCE

Central Dental Center
Wichita, 316-945-9845
(*Dentures: \$345 both upper & lower plates*)

Donated Dental Services
Denver, CO, 303-534-5360
www.nfdh.org

Douglas County Dental Clinic
Lawrence, 785-312-7770

Flint Hills-Emporia Clinic
Emporia, 620-342-4864
www.flinthillshealth.org

Johnson Community College
Dental Hygiene Program
Overland Park
913-469-3808, Ext. 1
(*\$10 services – x-rays, cleaning, preventative and referrals only*)

KATCO - Kansas Assistive
Technology Cooperative
(*Reduced interest financing and flexible term financing*)
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

University of Missouri - KC
School of Dentistry
Kansas City, MO 816-235-2111
www.umkc.edu

DRIVING COURSE AND DRIVING INFORMATION

NE KS Regional Alzheimer's
Association
Topeka, 785-271-1844
Fax 785-271-1804

Bill Kennedy's Driver
Education Schools
Senior Driving Evaluation
Program
Topeka, 785-272-1961 or
800-557-7357
Fax 785-271-2409
www.kennedydrivered.com

Driver's License Exam Station
Topeka, 785-266-7380

Healthwise 55 -
"Mature Driving Course"
Pozez Education Center
785-354-5225
www.stormontvail.org

Kansas AARP Office
Topeka, 866-448-3619
(*Can assist with driving assessment*)

DRIVER'S LICENSE/ID CARDS

Driver's License Exam Station
Topeka, Kansas
785-266-7380

DURABLE POWER OF ATTORNEY

(*See Legal Services*)

SHAWNEE COUNTY

EDUCATION & LITERACY

City of Topeka Senior Adult Programs
(Classes in exercise, dance, bridge – Sr. Olympics sponsor)
Topeka, 785-368-3798
Fax 785-368-2542
www.topeka.org

Community Action
Topeka, 785-235-9296
Fax 785-290-3200
(English as a second language, GED, U.S. citizenship and/or personal computer classes)

Kansas State Library
Hotline: 800-432-3919
Fax 785-296-6650
(Free online tutoring, Heritage Quest)
www.skyways.org/KSL

Let's Help, Inc.
Topeka, 785-234-6208
(Classes in literacy, employment, computer, internet, Word, Excel and PowerPoint programs)
www.letshelpinc.org

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Topeka/Shawnee County Public Library
Topeka, 785-580-4530
Fax 785-580-4496
(Computer classes, live help)
www.tscpl.org

Topeka Literacy Council
Topeka, 785-234-2806

University of Kansas
Center for Community Outreach
785-864-4073
(Seniors can audit classes at KU)

Washburn Institute of Technology, Topeka
785-273-7140 or 877-588-7140
www.washburntech.edu

PERSONAL EMERGENCY RESPONSE MONITORING

Absolute Home Health Care
Holton, 785-362-6101

Brewster At Home
Topeka, 785-274-3303
www.brewsterplace.org

Care Link Assisted Health Care
Topeka, 785-273-4730 or 800-784-4744
For staffing: 785-291-2900

A Helping Hand Home Health
Lawrence, 785-856-0192

Home Buddy
Wichita, 316-262-8339 or 866-922-8339
www.HomeBuddy.org

LifeFone
White Plains, NY
800-330-5909
www.lifefone.com

Lifeline-Stormont-Vail HealthCare
Topeka, 785-354-6333
www.stormontvail.org

Link to Life
800-848-9399
www.link-to-life.com

Rueschhoff Security Services
Lawrence, 800-279-2121

EMERGENCY SERVICES

(Could include: food, utilities, prescriptions, rent assistance)

American Red Cross
Topeka, 785-234-0568
www.thinkred.org

Antioch Family Life Center
Topeka, 785-232-1937

Community Action
Topeka, Emergency Center:
785-235-9296

Doorstep Inc.
Topeka, 785-357-5341
www.doorsteptopeka.org

Fellowship Inc.
Topeka, 785-354-7262
Hours: Tuesday, Wednesday and Thursday– 8:30a.m.-3:30 p.m.

Let's Help, Inc.
Topeka, 785-234-6208
www.letshelpinc.org

Kansas Crisis Hotline
888-363-2287

Kansas Housing Hotline
800-752-4422

Low Income Energy Assistance Program (LIEAP)
Apply through SRS (Jan-Mar)
Topeka, 785-296-2649 or 800-432-0043

Salvation Army
Topeka, 785-233-9648

SHAWNEE COUNTY

Topeka North Outreach
(*North Topeka only*)
785-286-1370

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Valeo Behavioral Healthcare
Crisis Line 785-234-3300

EMPLOYMENT ASSISTANCE

ERC Resource & Referral
Topeka, 785-357-5171
Fax 785-357-1813
www.ercrefer.org

Heartland Works, Inc.
Topeka, 785-235-5627
www.heartlandworks.org

National Indian Council
on Aging (NICOA)
Albuquerque, NM
505-292-2001
www.nicoa.org

Older Kansans Employment
Program (OKEP)
Let's Help, Inc.
Topeka, 785-234-6208
Fax 785-354-7145

Senior Companion Program
Topeka, KS 66607
785-232-7765 Ext 215

Senior Staffing
Topeka, 785-272-9999
www.keystaffing.com

Service, Education &
Redevelopment (SER)
Topeka, 785-235-5627

Topeka Foster Grandparents
Program
Topeka, 785-296-5474

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Topeka Workforce Center
Topeka, 785-235-5627
www.workforcecenters.com/topeka

Washburn University
Career Services
Topeka, 785- 670-1450
www.washburn.edu/services/career

ERRAND SERVICE

Comfort Keepers
Topeka, 785-267-8200
Fax 785-267-8199
www.comfortkeepers.com

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

A Helping Hand Home Health
Lawrence, 785-856-0192

FARM & RURAL ASSISTANCE

Community Action
Topeka, 785-235-9296
Fax 785-232-3200

Kansas Agricultural
Mediation Services
(*Confidential assistance for KS
farmers, ranchers and lenders*)
800-321-3276
Fax 785-532-6532
www.ksre.ksu.edu/kams

K-State University KS Rural
Family Helpline
Manhattan, 866-327-6578
Fax 785-532-2036

USDA Farm Service Agency
Topeka, 785-266-9053
Fax 785-266-8293
www.fsa.usda.gov

USDA Rural Development,
State Admin. Office
Topeka, 785-271-2700
www.rurdev.usda.gov/ks

FINANCIAL ASSISTANCE & INFORMATION

Area Medicaid Management
SRS
Topeka, 785-296-2500

Housing and Credit
Counseling, Inc.
Topeka, 785-234-0217
Fax 785-234-0237
www.hcci-ks.org

Jayhawk Support Services
for Elders
Topeka, 785-354-8531

Low Income Energy Assistance
Program (LIEAP)
Apply through SRS (Jan-Mar)
Topeka, 785-296-2649

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

USDA Rural Development
State Administrative Offices
(*Rural home loans*)
Topeka, 785-271-2730
Fax 785-271-2708
www.rurdev.usda.gov/ks/

SHAWNEE COUNTY

FOOD/GROCERY ASSISTANCE

(See also Emergency Services)

Angel Food Ministries – True Light Baptist Church
Topeka, 785-233-3298
www.angelfoodministries.com/host.asp?id=404

Antioch Family Life Center
Topeka, 785-232-1937
Fax 785-232-2594

Doorstep, Inc.
Topeka, 785-357-5341
Fax 785-232-4865

Fellowship, Inc. (Food only)
Topeka, 785-354-7262
(Hours: Tues., Wed. and Thur. – 8:30 a.m.-4:30 p.m.)

Harvester's Community Food Network, Kansas City, Mo.
816-929-3220
www.harvesters.org

ICARE, Inc.
Topeka, 785-267-5910
(Hours: Mon.-Fri. – 9 -11 a.m.)

Joyful Harvest
Topeka, 785-354-8154
(Food available every Friday, 7:30 – 11 a.m.)

Let's Help, Inc.
Topeka, 785-234-6208
www.letshelpinc.org

Meals-on-Wheels, Inc.
Topeka, 785-354-5420
www.meals-on-wheels-inc.org

Prairie Land Food
800-998-9436
www.prairielandfood.com

Salvation Army
Topeka, 785-233-9648
Fax 785-233-9846

FOOT CARE

(See also Community Health Organizations)

East Topeka Senior Center
(toenail trim clinics - donation 2nd Tuesday of every month)
Topeka, 785-232-7765 or 785-291-2490
Fax 785-232-7785

First Apartments – *(toenail trim clinics 3rd Thurs of every month – donation)*
Topeka, 785-272-6700
Fax 785-272-9286

Foot Care Information Center
800-366-8227
www.apma.org

Papan's Landing – *(toenail trim clinics 1st Thursday of every month – donation)*
Topeka, 785-232-1968 or 785-291-2490
Fax 785-232-1102

LULAC – *(toenail trim clinics 1st Friday/mon – donation)*
Topeka, 785-234-5809
Fax 785-233-1828

Lyndon Clinic - *(homebound toe nail trimming, diabetes foot care, shoes)*
Cheryl West, ARNP-C
Topeka, 785-478-9625
Fax 785-271-4392

Neat Feet – Dan Byl, RN
(Homebound toe nail trimming)
785-357-1979

Reuter's - Specialty Footwear
Topeka, 785-271-1221

Rossville Senior Center
(toenail trim clinics 4th Tuesday of every month – donation)
Rossville, 785-584-6364

Tyler Towers – *(toenail trim clinics 2nd Thursday, every other month – donation)*
Topeka, 785-357-8842

FRIENDLY VISITOR

Assisted Services
Topeka, 785-273-4730 or 800-784-4744
For staffing: 785-291-2900

Catholic Charities of NE Kansas
Friendly Visitors Program & Ring a Day
Topeka, 785-233-6300
Fax 785-233-7234
www.catholiccharitiesks.org

East Topeka Senior Center
Topeka, 785-232-7765
Fax 785-232-7785

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

A Helping Hand Home Health
Lawrence, 785-856-0192

LULAC Senior Center
Topeka, 785-234-5809

Papan's Landing Senior Center
Topeka, 785-232-1968 or 785-291-2490
Fax 785-232-1102

SHAWNEE COUNTY

Shawnee County Health Agency
Senior Companion Program
Topeka, 785-291-2490
Fax 785-291-2498

GRIEF AND LOSS (See also *Hospice*)

Compassionate Friends, Inc
(For loss of child only)
785-272-4895

Midland Care Grief Counseling
Topeka, 785-232-2044 or
800-491-3691
www.midlandcare.org

Widowed Persons Service
(Social and support)
785-357-7290

HEALTH SCREENINGS (See *Community Health Services*)

HEARING ASSISTANCE (See *Deaf and Hard of Hearing*)

HOME HEALTH

Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocare
Wamego, 800-767-8718
Fax 785-456-8943
www.advocarehomecare.com

Assisted Services
Topeka, 785-291-2900 or
800-784-4744
www.assistedcompanies.com

Caregivers Home Health
Topeka, 785-354-0767

Cascade Health Services
Topeka, 785-228-9922
Fax 785-228-9974

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

A Helping Hand Home Health
Lawrence, 785-856-0192

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com

Integrity Home Care
Leawood, 888-793-1795
www.integrityhc.com

Kansas Rehabilitation Home
Health Care
Topeka, 785-232-8592
Fax 785-232-8596

Mason's Memory, LLC
Ottawa, 785-242-8882 or
866-744-8882
www.masonsmemory.com

PRN Home Health Care
and Hospice, Wamego
785-456-7764 or 800-222-6344
Topeka number: 785-232-0440
Fax 785-456-7194
www.prnhomehealthhospice.com

Professional Comfort Care
Lawrence, 785-832-8260

St. Francis Home Health
Topeka, 785-295-8240 or
785-295-8000
www.stfrancistopeka.org

Shawnee County Health Agency
Topeka, 785-291-2490
Fax 785-291-2498

HOME REPAIR, EMERGENCY REPAIR AND ACCESSIBILITY (See also *Chore Service*)

City of Topeka Housing
& Neighborhood Development
Topeka, 785-368-3711
www.topeka.org

Community Action
Topeka, 785-235-9296

Kansas Housing Resources
Corporation
Topeka, 785-296-5865
Fax 785-296-8985
www.kshousingcorp.org

USDA Rural Development
State Administrative Offices
Topeka, 785-271-2730
Fax 785-271-2708
www.rurdev.usda.gov/ks

HOMEMAKER SERVICES Absolute Home Health Care Holton, 785-362-6101

Advantaged Home Care, Inc.
Topeka, 785-267-4433 or
785-273-1744
Fax 785-267-0044

Advocare
Wamego, 785-456-8910 or
800-767-8718
www.advocarehomecare.com

Assisted Services
Topeka, 785-273-4730
www.assistedcompanies.com

SHAWNEE COUNTY

Cascade Health Services
Topeka, 785-228-9922
Fax 785-228-9974
www.cascadestaff.com

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

A Helping Hand Home Health
Lawrence, 785-856-0192

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com

Mason's Memory, LLC
Ottawa, 785-242-8882 or
866-744-8882
www.masonsmemory.com

Meriden Adult Service Plus
Meriden, 785-484-2380

Shawnee County Health Agency
Topeka, 785-368-2000
Fax 785-291-2498

Windsor Place At-Home Care
Lawrence, 785-843-4800

HOME PLUS

C & R Boarding Care Home
Topeka, 785-246-1426

Moore Adult Care Home
Topeka, 785-286-2859

Residential Care Facility
Topeka, 785-232-0671

The Mulvane Home
Winter Meadows Homes, Inc.
Topeka, 785-817-2601

TLC Adult Boarding Home.
Topeka, 785-232-2575

Topeka Adult Care Center
Topeka, 785-233-7397
Fax 785-233-7397

HOSPICE

Catholic Community Hospice
Topeka, 785-357-5107
Fax 785-233-7234
www.catholiccharitiesks.org

Heart of America Hospice
Topeka, 785-228-0400 or
800-396-7778
www.heartofamericahospice.com

Heartland Hospice
Topeka, 785-271-6500
www.hcr-manorcare.com

Hospice Care of Kansas
Topeka, 785-273-4357 or
877-273-5111
www.hospicecareofkansas.com

Midland Care Hospice Services
Topeka, 785-232-2044 or
800-491-3691
www.midlandcare.org

PRN Home Health Care
and Hospice, Wamego
785-456-7764 or 800-222-6344
Topeka number: 785-232-0440
Fax 785-456-7194
www.prnhomehealthhospice.com

HOSPITALS AND REHABILITATION CENTERS

Colmery-O'Neil
VA Medical Center
Topeka, 785-350-3111
Eligibility Clerk: 785-350-4408
www.va.gov

Kansas Rehabilitation Hospital
Topeka, 785-235-6600
www.kansasrehab.com

Select Specialty Hospital
Topeka, 785-295-5551
www.selectmedicalcorp.com

St. Francis Hospital and
Medical Center
Topeka, 785-295-8000
www.stfrancistopeka.org

Stormont Vail Regional
HealthCare
Topeka, 785-354-6000
www.stormontvail.org

Senior Diagnostic and
Treatment Center
Topeka, 785-354-6694
Fax 785-354-5087
www.stormontvail.org

HOUSING ASSISTANCE & INFORMATION

Cornerstone of Topeka, Inc.
Topeka, 785-232-1650
Fax 785-232-3255

ERC Resource and Referral
Topeka, 785-357-5171 or
800-279-2372
www.ercrefer.org

Housing and Credit Counseling,
Inc., Topeka, 785-234-0217
Fax 785-234-0237
www.hcci-ks.org

SHAWNEE COUNTY

Kansas Legal Services
Topeka, 785-354-8531
To apply for assistance:
800-723-6953
www.kansaslegalservices.org

Kansas Housing Resources
Corporation
Topeka, 785-296-5865
Fax 785-296-8985
www.kshousingcorp.org

Sheltered Living
Topeka, 785-233-2566
Emergency: 785-224-0139

Topeka Housing Authority
Topeka, 785-357-8842
www.tha.gov

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

USDA Rural Development
State Administrative Offices
(Rural home loans also)
Topeka, 785-271-2700
www.rurdev.usda.gov/ks

INFORMATION AND ASSISTANCE

Alzheimer's Association
Heart of America Chapter
Topeka, 785-271-1844
or 800-272-3900 *(24-hour information and support)*
www.alz.org/kansascity

Community Action
Topeka, 785-235-9296

El Centro of Topeka
Topeka, 785-232-8207

Kansas Elder Care Locator
800-677-1116

ERC Resource and Referral
Topeka, 785-357-5171
www.ercrefer.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

KATCO - Kansas Assistive
Technology Cooperative
(Reduced interest financing and flexible term financing)
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

Kansas Department on Aging
Topeka, 785-296-4986 or
800-432-3535

Parkinson's Information Service
(PINS)
800-457-6676

State of Kansas
General Information
785-296-0111
www.kansas.gov

Senior Resource Center
Stormont-Vail HealthCare
Topeka, 785-354-6787

Topeka/Shawnee County
Public Library
Community Information
Service & Red Carpet Service
Topeka, 785-580-4530
www.tscpl.org

United Way Information
& Referral
785-273-4804 or DIAL 2-1-1

United States Government
(General information)
800-688-9889 or
TTY: 800-326-2996
www.usa.gov

**INSURANCE/MEDICARE/
MEDICAID**
*(Information/assistance/
referral)*

Area Medicaid Management
(SRS)
Topeka, 785-296-2500

Healthwise 55 Resource Center
Topeka, 785-354-6787

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Foundation for
Medical Care, Inc.
785-273-2552 or 800-432-0407
*(Provides information on
Medicare beneficiary's rights.
Ensures Medicare patients
receive medical care that is
necessary, appropriate and of
high quality.)*

Kansas Insurance Department
Topeka, 785-296-3071 or
800-432-2484
www.ksinsurance.org

Medicare - (General)
Hotline: 800-633-4227
Hearing & Speech Impaired:
877-486-2048
www.medicare.gov

SHAWNEE COUNTY

Office of the Inspector General
Fraud & Abuse Hotline:
800-447-8477
*(Call if you feel a health care
provider has fraudulently billed
the Medicare Program)*

Railroad Retirement Board
877-772-5772
www.rrb.gov

Social Security Teleservice
Center
*(Provides information on what
services and procedures the
Medicare Program will cover.)*
24-hours: 800-772-1213

Senior Health Insurance
Counseling for Kansas (SHICK)
800-860-5260 or
TDD: 877-235-3151
www.agingkansas.org/SHICK/
shick_index.html

State Medical Assistance
Program
*(Information about programs to
help pay medical bills.)*
800-766-9012

INTERPRETATION/ CULTURAL AWARENESS

El Centro of Topeka
Topeka, 785-232-8207

LULAC Multi-Purpose
Senior Center, Topeka
785-234-5809 or 785-233-7498
Fax 785-233-1828

LEGAL SERVICES

Kansas Elder Law Hot Line
888-353-5337

Kansas Legal Services
Topeka, 785-354-8531
To apply for assistance:
800-723-6953
www.kansaslegalservices.org

Kansas Attorney General
Topeka, 785-296-2215
Fax 785-296-6296
Consumer protection
800-432-2310
Crime victims' rights
800-828-9745
www.ksag.org

Lawyer Referral Service
800-928-3111

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

Washburn Law Clinic
*(pre screening required –
low income)*
785-670-1191

MEAL SITES

Asbury Mount Olive
Methodist Church
Topeka, 785-232-6801
Fax 785-232-6962

Auburn Senior Center
Auburn, 785-256-2917

East Topeka Senior Center
(Also noon on Saturday)
Topeka, 785-232-7765

First Christian Church
Topeka, 785-272-4290

Highland Park
Methodist Church
Topeka, 785-266-6555

Let's Help, Inc.
Topeka, 785-234-6208
www.letshelpinc.org

LULAC Multi-Purpose
Senior Center
Topeka, 785-234-5809 or
785-233-7498
Fax-785-233-1828

Meals-on-Wheels, Inc.
Topeka, 785-354-5420
Fax 785-228-6362
www.mowaa.org

Papan's Landing Senior Center
Topeka, 785-232-1968
Fax 785-232-1102

Rossville Senior Center
Rossville, 785-584-6364

Salvation Army
(Evening meal only, 4 to 5p.m.)
Topeka, 785-233-9648
Fax 785-233-9846

Silver Lake Senior
Citizen Center
Silver Lake, 785-582-5371

Topeka North Outreach
*(Meals are at North Topeka
Baptist – Friday noon)*
Topeka, 785-286-1370

Tyler Towers
Topeka, 785-354-5420

Westside Christian Church
Topeka, 785-234-0469

YMCA - Southwest
Topeka, 785-271-7979

SHAWNEE COUNTY

MEALS - HOME DELIVERED

Magic Meals
785-554-4524
www.mealslikemagic.com

Meals-on-Wheels, Inc.
Topeka, 785-354-5420
www.mowaa.org

Meals available in these communities: Auburn, Rossville, Silver Lake, Meriden, Oskaloosa, Topeka, Valley Falls, McLouth

MEDICARE

(See Insurance)

MEDICAL EQUIPMENT

(See Assistive Technology)

MEDICAL SERVICES

(See Community Health Services or Hospitals)

MEMORY CARE FACILITIES

Aldersgate Village Health Unit
Topeka, 785-478-9440
Fax 785-478-0931
www.umhomes.org

Brewster Health Center
Topeka, 785-267-1666 or
785-266-5782
www.brewsterplace.org

Clare Bridge Brookdale
Senior Living
(For Alzheimer's/Dementia)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

(*)Kelly House 1
Topeka, 785-234-8888
Fax 785-234-0885

(*)Kelly House II
Topeka, 785-273-3773
Fax 785-271-6638

Legend at Capital Ridge
Assisted Living and
Memory Care Topeka
785-272-9400
www.legendsseniorliving.com

Rossville Healthcare and
Rehabilitation Center, LLC
Rossville, 785-584-6104
Fax 785-584-6804

Topeka Presbyterian Manor
Topeka, 785-272-6510 or
www.presbyterianmanors.org

MENTAL HEALTH

Adolescent and Adult Partial
Hospital Program
Stormont-Vail West
Topeka, 785-270-4600
www.stormontvail.org

Alcoholics Anonymous
785-235-2226
www.aatopeka.org

Countryside Health Center
Topeka 785-234-6147
Fax 785-232-8781
www.midwest-health.com

Family Service and
Guidance Center
Topeka, 785-232-5005
www.fsgctopeka.com

Geriatric Mental Health
Foundation
Bethesda, MD 301-654-7850
www.gmfhonline.org

Heritage Mental Health Clinic
Topeka, 785-272-5566
www.heritagemhc.com

Kansas Health Solutions
Medicaid Mental Health
Services
Topeka, 800-466-2222
www.kansashealthsolutions.org

Narcotics Anonymous
24-hour Hotline: 785-232-5683
www.na.org

National Alliance on
Mentally Ill
Topeka, 785-233-0755 or
800-539-2660
www.namiks.org

Senior Diagnostic and
Treatment Center
Topeka, 785-354-6695
www.stormontvail.org

S.P.I.C.E.
Topeka, 785-266-8666
Fax 785-266-3833
www.parstopeka.com

Sunshine Connection
Topeka, 785-232-0315

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Valeo Behavioral Health Care
(Senior Outreach Services)
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeocrp.org

Valeo Outpatient Program -
Stepping Stones
Topeka, 785-357-1183
Fax 785-357-5170

SHAWNEE COUNTY

PARKINSON'S DISEASE

(See also Alzheimer's and/or Community Health)

Parkinson's Information Line
800-327-4545
www.parkinson.org

PET CARE AND ANIMAL CONTROL

Animal Control Office
785-368-9484

Comfort Keepers
(In home pet care)
Topeka, 785-267-8200
www.comfortkeepers.com

Critter Care *(Provides assistance with spaying or neutering pets)* 785-478-9985
www.crittercareoftopeka.com

Helping Hands Humane Society
Topeka, 785-233-7325

PANT - Pet Assistance Network of Topeka *(Temporary shelter for pets of homeless or battered persons)* Topeka, 785-270-8104

PRESCRIPTION DRUG ASSISTANCE AND RESOURCES

Canada Drug
Topeka, 785-272-6100 or 866-804-6100

Partnership for Prescription Assistance
888-477-2669

Chronic Disease Fund
(Medication co-pay assistance for the underinsured)
877-968-7233
www.cdfund.org

RECREATION/ SOCIALIZATION

(See also Travel)

Auburn Senior Center
Auburn, 785-256-2917

Brewster At Home
Topeka, 785-274-3303
www.brewsterplace.org

East Topeka Senior Center
Topeka, 785-232-7765
Fax 785-232-7785

Golden Days Get-A-Way
(\$25 per day, recreation only, gardening, crafts, lunch and snacks) Topeka, 785-383-3432

Healthwise 55 - *(Lunch bunch, senior supper, dessert, coffee groups, and more)*
785-354-6787

Kansas Senior Olympics
Topeka, 785-368-3798

LULAC Multi-Purpose Senior Center
Topeka, 785-234-5809
Fax 785-233-1828

League of Women Voters
Topeka, 785-234-5152
www.lwv.org

Papan's Landing Senior Center
Topeka, 785-232-1968
Fax 785-232-1968

Rossville Senior Center
Rossville, 785-584-6364

Topeka Parks and Recreation
Dept. Senior Adult Program
Topeka, 785-368-3798
Fax 785-368-3980

Shawnee County North
Community Center
Topeka, 785-286-0676
Fax 785-246-0804

Silver Lake Senior Center
Silver Lake, 785-582-5371

STEPS/Downtown YMCA
Topeka, 785-354-8591, Ext.123

Velma K. Paris
Community Center
Topeka, 785-862-1630

RESPIRE CARE

Aldersgate Village
Topeka, 785-478-9440

Alzheimer's Association
Heart of America Chapter
(24-hour information and support line)
Topeka, 785-271-1844 or 800-272-3900

Assisted Healthcare
Topeka, 785-273-4730 or 800-784-4744
For staffing: 785-291-2900

Atria Hearthstone-Life
Guidance Neighborhood
Topeka, 785-234-6806
www.atriaseniorliving.com

Cascade Health Services
Topeka, 785-228-9922
Fax 785-228-9974
www.cascadestaff.com

Clare Bridge Brookdale
Senior Living
(For Alzheimer's and dementia)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

SHAWNEE COUNTY

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

A Helping Hand Home Health
Lawrence, 785-856-0192

Midland Care Respite Services
Topeka, 785-232-2044 or
800-491-3691
www.midlandcare.org

Rossville Valley Manor
Rossville, 785-584-6104

Topeka Community Health Care
Services of Highland Park
Topeka, 785-234-0018
Fax 785-234-0923

V.A. Eastern Kansas
Healthcare System
Topeka, 785-350-3111

Westwood Manor
Topeka, 785-273-0886
Fax 785-273-0959

The Windsor of Lawrence
Lawrence, 785-832-9900

**RETIREMENT
COMMUNITIES**
(See Apartment Complex)

RURAL ASSISTANCE
Kansas Agricultural Mediation
Services
(Confidential assistance for KS
farmers, ranchers and lenders)
800-321-3276
Fax 785-532-6532

Kansas State University
Kansas Rural Family Helpline
Manhattan, 866-327-6578
Fax 785-532-2036

Rural Development
Topeka, 785-271-2730 or
785-232-7765

USDA Farm Service Agency
Topeka, 785-266-9053
Fax 785-266-8293
www.fsa.usda.gov

SENIOR CENTERS
Auburn Senior Center
Auburn, 785-256-2917

East Topeka Senior Center
Topeka, 785-232-7765
Fax 785-232-7785

First Baptist Church -
Shepherd's Center
Topeka, 785-267-0248

LULAC Senior Center
Topeka, 785-234-5809
Fax 785-233-1828

Papan's Landing Senior Center
Topeka, 785-232-1968
Fax 785-232-1102

Rossville Senior Center
Rossville, 785-584-6364

Silver Lake Senior Center
Silver Lake, 785-582-5371

**SOCIAL REHABILITATION
SERVICES (SRS)**
Topeka Area Office
Topeka, 785-296-2500

SOCIAL SECURITY
Topeka Office, 888-327-1271
www.socialsecurity.gov

SUPPORT GROUPS
(See Community Health
Services)

TAX ASSISTANCE
(Feb 1 - April 15)
(Including homestead and food
sales tax)

Community Action
Topeka, 785-235-9296

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Department of Revenue
Taxpayer Assistance
Topeka, 785-368-8222 or
800-525-3901
www.ksrevenue.org

Automated Tax Refund Status
(Income, food, sales, and
homestead taxes)
800-894-0318

Kansas Tax Form Request
785-296-4937

Shawnee County Treasurer
785-233-8200

**TELEPHONE
REASSURANCE**
Catholic Charities of
NE Kansas
Topeka, 785-233-6300
Fax 785-233-7234
www.catholiccharitiesks.org

East Topeka Senior Center
Topeka, 785-232-7765

Home Buddy
Wichita, 316-262-8339 or
866-922-8339
Fax 316-941-2856
www.HomeBuddy.org

SHAWNEE COUNTY

LULAC Multi Purpose
Senior Center
Topeka, 785-234-5809

Papan's Landing Senior Center
Topeka, 785-232-1968

TRANSPORTATION

A & A Specialized
Transportation
(accepts Medicaid)
Topeka, 785-233-8212

American Cancer Society
Topeka, 785-273-4422

Assisted Services
Topeka, 785-273-4730

Auburn Senior Center
Auburn, 785-256-2917

Capitol City Taxi
Topeka, 785-267-3777
(Let dispatcher know if you are
using a wheelchair)

East Topeka Senior Center
Topeka, 785-232-7765
(Medical, shopping, and meal
site)

Elite Private Care, Inc.
Topeka, 785-817-9489
www.eliteprivatecare.com

First Class Transportation
Topeka, 785-266-1331
Call for wheelchair accessible

Greyhound Bus Lines
Topeka, 785-233-2301 or
800-752-4841

A Helping Hand Home Health
Lawrence, 785-856-0192

LULAC Multi-Purpose
Senior Center
Topeka, 785-234-5809

Monarch Transportation
Services
Topeka, 785-266-0017

Papan's Landing Senior Center
Topeka, 785-232-1968
Fax 785-232-1102

"Road to Recovery"
American Cancer Society
(Ride to doctor appt. only)
Topeka, 785-273-4462 or
800-359-1025

Rossville Senior Center
Rossville, 785-584-6364

Silver Lake Senior Center
Silver Lake, 785-582-5371

St. Francis Health Center
Topeka, 785-295-8008 or
866-259-9602
www.stfrancistopeka.org
(For cancer patients receiving
treatment at the hospital only)

Spring Valley Regional Center
for Youth, Inc.
(All Medicaid, non-emergency
statewide medical transportation)
Baxter Springs, 620-762-2212

Topeka Transit Bus Service
The Lift, Topeka
785-354-9571 or 785-232-9100

Veterans Administration
Volunteer Transportation
Topeka, 785-350-3111 x 54528
(Only for veterans to or from
services at the VA hospital)

Yellow Cab Custom
Transportation (For wheelchair
access, let dispatcher know)
Topeka, 785-357-4444

TRAVEL

Angel Flight Central
(Member of Air Charity
Network, assists with free long
distance transportation for
people in need and/or requiring
medical treatment)
877-621-7177

Elderhostel – (Adventures in
Lifelong Learning Educational
travel for adults 55 and over.)
800-454-5768
www.elderhostel.org

UTILITY ASSISTANCE

American Red Cross
"Project Deserve"
Topeka, 888-765-9058

Breakthrough House
Topeka, 785-232-6807
(Must have proof of
mental illness.)

Community Action
Topeka, 785-235-9296
Fax 785-232-3200

Doorstep
Topeka, 785-357-5341
Fax 785-232-4865
www.doorsteptopeka.org
(Client hours: 9 a.m. – 1:45
p.m., Mon – Fri)

Let's Help
Topeka, 785-234-6208
Fax 785-234-0797
www.letshelpinc.org

SHAWNEE COUNTY

Low Income Energy Assistance Program (LIEAP)
(Seasonal assistance - apply through SRS Jan-Mar)
Topeka, 800-432-0043

Salvation Army
Topeka, 785-233-9648

Telephone (low income assistance). *For information about Kansas Lifeline or Link Up America, call your local telephone company. The number is on your phone bill or in the front of the phone directory.*

VETERANS AFFAIRS

American Legion
State Headquarters
1314 SW Topeka Blvd., Ste. A
Topeka, KS 66612
www.legion.org

Department of Kansas VFW
State Headquarters
Topeka, 785-272-6463
www.ksvfw.org

KS Commission on
Veterans Affairs
Topeka, 785-296-3976
www.kcva.org

Veterans Administration -
Medical Center
Topeka, 785-350-3111

VISION SERVICES

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898
Fax 785-864-5268
www.reader.ku.edu

Envision
Wichita, 316-682-4646
www.envisionus.com

Kansas Seniors Achieving
Independent Living (Kan-SAIL)
(Home training for blind seniors)
Topeka, 785-368-7471 or
866-213-9079

Lions Eye Health Program
LEHP-Kansas Lions MD17
Topeka, 785-272-6102

Salvation Army
Topeka, 785-233-9648
Fax- 785-233-9846

Topeka Rescue Mission
(glasses)
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Topeka/Shawnee County
Public Library
Talking Books
Topeka, 785-580-4530 or
800-432-2925
www.tscl.org

VOLUNTEER OPPORTUNITIES

American Red Cross
Topeka, 785-234-0568

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
Fax 785-233-7234
www.catholiccharitiesks.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Meals on Wheels, Inc.
Topeka, 785-354-5420
Fax 785-228-6362

Midland Care
Volunteer Services
Topeka, 785-232-2044 or
800-491-3691
www.midlandcare.org

Prairie Land Food
800-998-9436
www.prairielandfood.com

Retired Senior Volunteer
Program (RSVP)
Topeka, 785-228-5124

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

United Way of Greater Topeka's
Volunteer Center
Topeka, 785-273-4804
www.unitedwaytopeka.org

WEATHERIZATION

Community Action
Topeka, 785-235-9296

Kansas Housing Resources
Corporation
Weatherization Program
Manager, Topeka,
785 296-4990
Fax: 785 296-8985

WEBSITES

www.101eldercare.com
www.alz.org
www.aarp.org
www.ahiphiwire.org
www.americanaging.org
www.aoa.gov
www.apnetwork.org
www.asaging.org
www.boomer411.com
www.caregiving.com
www.cmwf.org
www.ElderCarelink.com

SHAWNEE COUNTY

www.globalaging.org
www.healthcommunities.com
www.healthdecisions.org
www.kff.org
www.mymedicare.gov
www.ncea.aoa.gov
www.retiredbrains.com
www.rl.tv
www.urologychannel.com