



KANSAS

DEPARTMENT ON AGING
KATHY GREENLEE, ACTING SECRETARY

KATHLEEN SEBELIUS, GOVERNOR

**Agency Overview
to
The House Committee on Health & Human Services**

**by Kathy Greenlee
Acting Secretary**

Kansas Department on Aging

Jan. 10, 2007

2007 is the 30th anniversary of the Kansas Department on Aging.

Chronology of the department's history:

- 1965 Older Americans Act established the aging network.
- 1972 OAA amendment established area agencies on aging.
- July 1, 1977, KDOA was created as a cabinet level department.
- 1997 all Medicaid long-term care services were passed from SRS to KDOA.
- 2003 Licensure, Certification and Evaluation Commission moved from KDHE to KDOA.

I. Advocacy Role (1977)

A. Older Americans Act

Title III-B provides for access, community and in-home services.

- As of Nov. 1, 2006, expenditures were estimated at \$3,879,830, including OAA, program income, match, in-kind and mill levy funds.

Title III-C nutrition program provides meals on a contribution basis.

- 1,581,503 meals were served to 26,081 congregate customers and 1,806,545 meals were provided to 14,487 home-delivery customers.
- Cost was \$16,383,638 from all sources.

Title III-D provides Disease Prevention and Health Promotion Services grants to Area Agencies on Aging to support health-related services.

- As of Nov. 1, 2006, \$241,141 was expended from all sources for FFY 2006.

Title III-E Family Caregiver Support

As of Nov. 1, 2006, \$1,351,045 was expended for services from all sources. No fees are charged to the caregiver.

Area Agencies on Aging

(Attachment: Map and Contact Information)

NEW ENGLAND BUILDING, 503 S. KANSAS AVENUE, TOPEKA, KS 66603-3404

Voice 785-296-4986

<http://www.agingkansas.org>

Fax 785-296-0256

B. Senior Health Insurance Counseling for Kansas (Established in mid-1990s)

(Attachment: Map and Contact Information of Sponsoring Organizations)

SHICK provides free, unbiased information and assistance with Medicare claims and appeals, Medicare Prescription Drug Coverage (Part D), Medicare supplemental insurance (Medigap) policies and long-term care financing and options.

- More than 300 volunteer counselors provided 21,345 hours of direct counseling and information services to 35,969 Kansans, helping Kansas Medicare beneficiaries save an estimated \$10 million.
- SHICK is funded by a \$345,812 grant from the Centers for Medicare and Medicaid Services (CMS).

Medicare Part D, the prescription drug coverage that became available in 2006, has greatly increased the number of calls to the SHICK hotline (800-862-5260). SHICK volunteers reached nearly 2 million Kansans with information about Medicare.

- Last year the Legislature also appropriated \$500,000 to assist with Part D enrollment.

C. Healthy Aging

Senior Farmers Market Nutrition Program promotes better nutrition among low-income seniors and expands the revenue base for farmers marketing fresh, locally grown produce.

- In 2006, 7,045 qualifying seniors received \$30 worth of checks to spend at farmers markets, roadside stands and community supported agriculture farms. In addition, 1,567 received three \$10 bundles of fresh produce when their local commodities were delivered by the local agency, and 4,652 others received one bundle. The 233 participating growers received \$221,734 for their produce.
- The program is funded by a \$188,580 U.S. Department of Agriculture grant augmented by \$33,157 in state general funds.

Seniors Together Enjoy Physical Success (STEPS) provides fitness classes to help seniors 60 and over with balance, coordination and upper and lower extremity strength.

- Funded by a three-year, \$150,000 grant, the program was available in Great Bend, Oakley and Topeka last year. It will expand to Concordia, Cottonwood Falls, Dodge City, Garden City, Hiawatha and Winfield this year and to six more communities in 2008. In 2006, the classes remained at their 25-member capacity.

II. Long-Term Care Purchasing (1997)

A. Nursing Facility Budget

- Average of 10,729 Medicaid eligible residents in 331 Medicaid-certified nursing homes.
- Expenditures in FY 2006 totaled \$318.9 million for 10,890 residents. Of that total, \$125.4 million was State General Funds.

B. The Home and Community-Based Services/Frail Elderly program provides Medicaid eligible customers with the opportunity to receive cost-effective community-based services as an alternative to nursing facility care.

- An average of 5,820 seniors received services each month in 2006.
- Total cost was \$57,562,192 for an average of \$824 per customer per month. The program is 61% federally funded and 39% state funded.

C. Senior Care Act provides for the development of a coordinated system of in-home services for people 60 and older who face difficulties in self-care and independent living.

- Average monthly caseload is 3,009. Total unduplicated caseload is 6,600.
- Total cost from all expenditures was \$7,298,579.

D. Targeted Case Management provides long-term case management to Medicaid eligible frail elders who seek assistance to remain in their homes or community.

- An average of 4,072 customers receives an average of 2.1 hours of service each month.
- Average cost per customer per month with assessment was \$107. Total cost of TCM services with assessment was \$5,208,408, which is 61% federal dollars.

III. Regulatory (2003)

A. KDOA regulates 651 adult care facilities:

- 311 nursing homes (NF)
- 28 intermediate care facilities for mentally retarded (ICF/MR)
- 2 mental retardation hospitals (MRH)
- 115 assisted living facilities (ALF)
- 48 residential health care facilities (RHCF)
- 23 boarding care homes
- 65 homes plus
- 11 adult day care facilities

B. Federal and State issues

- KDOA is the agency that surveys Medicaid-certified facilities, following federal rules established by CMS.
- KDOA also licenses and enforces state regulations and standards in state-licensed facilities.

C. Complaint process allows people to report possible abuse, neglect or exploitation of residents in Kansas adult care homes, which KDOA will investigate.

- KDOA received 5,489 complaints in 2006.
- Reports of abuse, neglect or exploitation of adults in domestic or community situations are handled by the Department of Social and Rehabilitation Services.

- D. Consultation.** The professional staff of the Long-Term Care Division serves as consultants to consumers, adult care home providers, health care facility surveyors and other stakeholders.
- They presented 44 educational programs attended by 2,861 individuals and met with 59 adult care home owners/providers to review regulatory requirements for construction and remodeling projects.
 - Workforce Enhancement Grants totaling \$239,328 were awarded to 10 entities to provide education for unlicensed staff in nursing homes and long-term care units.
 - Expenditures in 2006 were \$432,814.

E. Culture Change

Promoting Excellent Alternatives in Kansas nursing homes (PEAK) is a program to encourage and recognize homes that have adopted person-directed care in the areas of resident control, staff empowerment, home environment and community involvement. Seven homes received PEAK awards in 2006:

- Bethany Home Association, Lindsborg
- Dooley Center, Atchison
- Medicalodge of Eureka, Eureka
- Minneola District Hospital Long-Term Care Unit, Minneola
- Hillsboro Community Medical Center, Hillsboro
- Pleasant View Home Inc., Inman
- Newton Presbyterian Manor, Newton

Kansas Department on Aging

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Management Team

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Licensure, Certification and Evaluation	
Commissioner Martin Kennedy	785-296-6681
Communications and Governmental Affairs	
Director Barbara Conant	785-296-6154
Program and Policy Commissioner Janis DeBoer	785-368-6684

Other helpful numbers

Nursing Facility Complaint Line	785-296-0133
Nursing Facility Complaint Toll-Free Hotline	1-800-842-0078
SHICK Hotline	1-800-860-5260
KDOA TTD	785-291-3167
KDOA Toll Free	1-800-432-3535
KDOA Fax	785-296-0256